

Animation request a self-test cervical cancer screening

Mariëlle is a 30-year-old white woman with light brown hair. She's wearing a blue blouse, pink pants, and blue earrings. We see her living room. Mariëlle walks into the picture from the left, holding an invitation for the cervical cancer screening program. She stands in front of her green sofa to talk about this animation.

MARIËLLE: "You have received an invitation for cervical cancer screening. Would you like to take part in the screening? There are two ways: Have a smear test done at the doctor's office. Make an appointment with your own GP. Or use a self-test at home."

A thought bubble appears above her head with two options for participating.

Caption thought bubble: smear test doctor's office. Selftest at home.

MARIËLLE: "This animated video shows the quick and easy way to request the self-test online."

Caption: Mijn Bevolkingsonderzoek. Request a self-test.

Mariëlle sits on the couch with a laptop and opens the online clientportal Mijn Bevolkingsonderzoek to request a self-test. We follow the on-screen instructions.

MARIËLLE: "After logging in on the portal click on the box for cervical cancer screening: 'Bevolkingsonderzoek baarmoederhalskanker'. To request a self-test, click on the button: 'Ik wil graag een zelftest aanvragen'. Read more about the self-test here. If you want the self-test to be sent to your home, click on the button: 'zelftest aanvragen'. A pop-up confirming that you requested a self-test will appear at the bottom of the screen. You will receive the self-test by post within 14 days."

An envelope from Bevolkingsonderzoek Nederland containing the self-test arrives through the letterbox.

MARIËLLE: "Are you finished using the secure login on the portal? Do not forget to log out. Scroll to the top of the page, then log out by clicking on 'uitloggen' at the top right."

Mariëlle is sitting on the couch with a laptop and holding up her phone.

MARIËLLE: "Any questions? Go to our website or contact the service desk on working days between 08:30 and 17:00 hrs. Would you like to hear the explanation again? Then rewatch the video."